

## **MEALS ON WHEELS PLUS WELCOMES NEW BOARD MEMBERS**

**BRADENTON, FL, February 26, 2009** – Meals on Wheels PLUS of Manatee welcomes 4 new members to the organization's Board of Directors. The newcomers include Michelle Detweiler, owner of Detweiler Propane, Sheriff Brad Steube and wife Debbie Steube, and human resources consultant Maribeth Philips. The board members bring a wealth of diverse knowledge to the group, which oversees the many programs of Meals on Wheels PLUS.

“We try to incorporate community-minded individuals who have experience in a number of different areas,” says President/CEO, Ellen Campbell. “A well-balanced Board of Directors helps to give solid direction for our organization.” Meals on Wheels PLUS operates more than ten programs for seniors in the local community, including the Adult Day Center, Senior Enrichment Center at Renaissance on 9th, Telephone Reassurance, Senior Wheels, Friendship Dining, and their cornerstone service of Home-Delivered Meals. The senior population is the fastest growing age group in the country, which means a continuously increasing demand on the organization for its services.

Those interested in becoming involved with Meals on Wheels PLUS, or learning more about its programs are encouraged to visit [www.mealsonwheelsplus.org](http://www.mealsonwheelsplus.org) or call 750-MEAL. The time requirement for delivering meals is approximately one to two hours a day, delivered between 11am and 1pm Monday through Friday. Businesses and professional groups as well as individuals are welcomed as volunteers to delivery hot meals to homebound seniors in Manatee County. Monetary donations are always needed and gratefully accepted to help sustain the programs. Contributions may be sent to 811 23rd Avenue East, Bradenton FL 34208.